

BEMER THERAPY AS COMPLEMENTARY TREATMENT FOR HEART AND CIRCULATORY DISEASES

Heart- and circulatory diseases are becoming the number one illness statistic among industrialised nations, as well as the number one cause of death and the number one cost factor in the national health system of a country such as Germany and others. Despite all the developments in modern medicine, every second person in Germany becomes the victim of direct or indirect aftermath of cardiovascular disease.

We should therefore use all possibilities for preventing and reducing the numerous risk factors. One of these possibilities is the therapy with the low frequency pulsating magnetic fields of the BEMER, which can help lessen the strain on the circulatory system through its special therapeutic effects.

The heart is the most frequently used muscle of the body, and its life-sustaining function determines not only our energy level and capabilities, but also our life-span. If we assume a pulse rate of about 70 beats per minute and an amount of 4.9 liters of blood to be pumped per minute, we come up with 7000 litres per day, which need to be transported through a blood vessel system of over 1400 meters in length! Calculated over one year, the heart muscle, about the size of a fist, would pump in excess of 2.5 million litres. Some key factors which influence the capacity of the heart are blood pressure, strength of the blood vessels and the viscosity of the blood. Only the individually fine-tuned regulation of the heart and circulation insures sufficient blood supply of all organs and is therefore of great significance for the entire metabolism.

Numerous studies have proven that broad band, low frequency pulsating electro magnetic fields, as applied with the BEMER, can influence disaffected organ functions in a positive way. In the case of heart-and circulatory disease, it is the measurable increase of the oxygenation and improved flow properties of the blood especially, which cause significantly less work for the heart. At the same time, the activation of the body's own carbon monoxide system causes the blood vessels to dilate and economise the working process of the heart.

Blood supply in the blood vessels of the lungs increases as well, and through the resulting increased oxygenation, respiratory difficulties can be improved, which in turn again causes less taxation for the heart. At times, harmful changes in the blood vessels can be reversed and protective mechanisms activated. This can reduce the risk of thrombosis amongst other things.

Stress-related symptoms like pressure and pain in the area of the heart will be positively affected. By means of additional interdependent effects, an improved regulation of blood pressure is likely.

The use of the BEMER after a heart transplant is not recommended, because insufficient experience has been gathered in this area and strengthening of the body's immune system through the BEMER therapy would unnecessarily counter the administration of medication necessary to prevent organ rejection.

Patients with pacemakers can use the BEMER because of its low magnetic field strength,

yet it is not recommended without prior consultation with a physician. The intensive applicator should be kept at a distance of about 30 cm from the pacemaker just to be sure. A few other relative contra indications like severe arrhythmia should be discussed with a physician familiar with the BEMER therapy.

In addition to proper nutrition, sufficient and appropriate exercise and reducing other individual risk factors, the Bio-Electro-Magnetic-Energy-Regulation (BEMER) is a very effective therapy for all heart- and circulatory diseases.

DISCLAIMER: Please note that these remedies should not be a replacement for consultation with your physician, make no medical claims and need to be used at individual discretion.