

THE BENEFITS OF BEMER THERAPY FOR AN AGING POPULATION

All biological processes, in particular the metabolism of every single cell, are substantially based on electro magnetic energy. Only in an organism that is sufficiently supplied with energy can the self-regulating and self-regenerating mechanisms and powers of self-healing work properly. In our modern, high-tech civilisation, lack of significant physical and mental exercise, mal-nutrition as well as over-nutrition, as well as considerable environmental stress lead to a deficient balance of energy. The results range from loss of vitality, premature ageing, to degenerative processes taking over rapidly, chronic diseases making their more than gradual appearances and a higher susceptibility to infectious diseases.

Generally, the older we get, the more the natural functions of our body slow down. In addition, we often become less active, in part as a direct result of that slow down and the excessive tiredness (sometimes sheer exhaustion of a too fast-paced hectic stressful lifestyle) which creates a vicious cycle. Individual cells are not supplied with sufficient energy. This in turn causes impairment of the cell function and, if the condition persists, cell damage. The function of organs and glands becomes impaired, and the organism loses its balance. The individual feels exhausted and burnt out and becomes susceptible to illness.

Thanks to Bio-Electro-Magnetic-Energy-Regulation (BEMER), there is an opportunity to naturally balance these energy deficiencies via special electro magnetic impulses. The body's cells can produce more energy when the metabolism is properly activated. Previously disturbed control systems can function again and the self-healing powers of the human body are supported. An optimum state of health and functional capacity can be achieved by the application of the BEMER. The individual's quality of life is improved, the chance of contracting illnesses and diseases is at least reduced other factors being equal.

Therapeutic effects are achieved due to the special electro magnetic impulse of the BEMER (for which patents are pending) and applied at an intensity which is adapted to the organism. The energy-regulating and health-giving effects are based on:

- Dilation of blood vessels
- Improvement of circulation, particularly of micro-circulation
- Increase of oxygen saturation and the oxygen partial pressure
- Improvement of the blood's flow properties and inhibition of the forming of blood clots

Various control mechanisms may cause an increased synthesis of protein (possible regeneration) and an intensified detoxification of cells and body as well as an activation of the immune system.

In addition, a number of chronic and age-related diseases are positively impacted by BEMER therapy, due to its anti-inflammatory and pain-reducing properties. Among them are:

- Rheumaty diseases
- Arthritis and osteoarthritis

- Osteoporosis
- Migraines and other headaches
- General pain
- Sleep disorders
- Asthma
- High and low blood pressure
- Diabetes
- Heart disease and cardio-vascular disturbances

Application of the BEMER therapy is easy and convenient, suggested at two to three times per day for 8 minutes for optimum results.

In summary, the ageing person will experience alleviation of a number of symptoms caused by old age, thus improving general well-being and increasing functional capacity of the person – for a better quality of life